

## **Lana Whittington**

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lanawhittington.com

EMC/SAG-AFTRA Eligible



### **Direction and Design (selected credits)**

Valhalla	Fight Director	The Plagiarists/ Kate Nawrocki
Ruined	Violence/Intimacy Designer	Invictus Theatre/Ebby Offord
The Neverending Story	Director/Fight Director	Edge of Orion
The Layover	Violence/Intimacy Designer	The Comrades/Drew Shirley
Poison	Violence/Intimacy Designer	The Plagiarists/ Christina Casano
Keely and Du	Violence/Intimacy Designer	Intrinsic Theatre/Michelle Altman
Paragon Festival Unit LLT	Director	Otherworld Theatre
Grey House	Violence/ Intimacy Designer	A Red Orchid Theatre/ Shade Murray
Who Killed Joan Crawford?	Violence Designer	Glitterati Productions/ John Nasca
Spring Awakening	Violence/Intimacy Designer	Three Brothers Theatre/ Marie Tredway
Gem Seeker: A Fan Film	Fight Director	Constellation Project Films/Orion Couling
Henry V	Assistant Fight Director	First Folio Theatre/ Hayley Rice
Artificial Jungle	Violence/Intimacy Designer	Hell in a Handbag/Shade Murray
Cabaret	Asst. Fight Director	Paramount Theatre/Katie Spelman
Ashes of Light	Fight Director	UrbanTheatre Chicago/ Miranda Gonzales
Into The Woods	Fight Director	Metropolis Performing Arts/Robin Hughes

### **Training**

Association of Fight Directors Of Canada Certification	Currently holding an Advanced Certification
Sword and Shield, Found Weapon, Unarmed, Rapier and Dagger	Daniel Levinson
Single Sword, Longsword, Rapier and Companion	Todd Campbell
Small Sword, Advanced Small Sword	Rachel Flesher
Unarmed Martial Arts	Christopher Mott
Armed Martial Arts	Michael Dufays
Quarter Staff	Nate Bitton (Earned Distinction)
Society of American Fight Directors	
Single Sword with SAFD	Chuck Cool ( Pass 2021)
Small Sword with SAFD	Chuck Coyl ( Pass 2018)
Rapier and Dagger with SAFD	Chuck Coyl (Recommended Pass 2017)
Theatrical Firearms Safety With SAFD	DC Wright ( Pass 2018)
Intimacy Design	
Rachel Flesher	
Siobhan Richardson	

### **Other skills and weapons**

Fire Twirling, Fighting in skirts and heels, Gymnastics, Knife, Axe, Rapier and Cape, Spear, pro wrestling